



SRI BALAJI

ACCREDITED BY NAAC WITH 'A++' GRADE
LISTED U/S 12B OF THE UGC ACT, 1956



VIDYAPEETH

DEEMED TO BE UNIVERSITY
DECLARED U/S 3 OF THE UGC ACT, 1956



On Occasion of

World Hypertension Day

17.05.2023

Sri Balaji Vidyapeeth (NAAC A++)

Mahatma Gandhi Medical College and Research Institute

Department of Community Medicine

In association with

IPHA Pondicherry State Branch & IAPSM Puducherry Chapter

Cordially invites you all for

CME on

HEARTS for your Heart

Venue: B C Roy Hall College Block MGMCRI



**TNMC Credit Hours
Applied**

REGISTRATION FEES:
FACULTY- RS. 400
POST GRADUATES- RS. 300
UNDERGRADUATES -RS.150

*e-Certificate will be
provided to all the
registered participants
attending the program*

Gpay : 9994470834

UPI ID: vidhya.baskaran@okaxis

**Note: Kindly mention the name of
Candidate in remarks column while
making the payment**

REGISTRATION DETAILS:

Use the link below to register. The registration starts from **22.04.2023**
closes on **15.05.2023**.

LINK: <https://forms.gle/Xd73BWRLigegpm1C6>

Time	Activity	Resource Persons
8.30am - 9.00am	Registration	
9.00am - 9.30am	Inauguration	
9.30am -10.15am	Physiology of Hypertension	DR. Jeneth Berlin Raj T. Professor and Head Department of Physiology, MGMCRI
10.15am- 10.45am	Yogic approach to managing Hypertension	Dr. R. Balaji, Yoga therapist cum Assistant Professor Institute of Salutogenesis and Complementary Medicine (ISCM), MGMCRI
10.45am- 11.00am	Tea break	
11.00am -11.30am	Meditation & Stress Management	Dr.PrahanKumar R Professor and Head(in-charge) Department of Community Medicine, MGMCRI
11.30 am- 12.00pm	Role of Music Therapy in Managing Hypertension	Smt Bhuvaneshwari Ramesh, Assistant Professor, Institute of Salutogenesis and Complementary Medicine (ISCM), MGMCRI
12.00 pm - 12.45pm	Dietary Influences on Blood Pressure	Dr. Gothainayagi Lecturer cum chief dietician Vinayaka Mission's college of Nursing, AVMCH
12.45 pm – 1.00pm	Q & A Session	
1.00 pm- 2;00pm	Lunch break	
2.00 pm – 2.30pm	Exercise (Physical Activity)	Dr. D. Sultana Professor Department of Physical Education and Sports, Pondicherry University
2.30 pm – 3.15pm	Guideline for the pharmacological treatment of Hypertension in adults	Dr. Monica.A Associate Professor Department of General Medicine, MGMCRI
3.15 pm – 4.00 pm	Recent epidemiological trends in Hypertension in South India	Dr. S. Lokesh Scientist E ICMR-National Institute of Epidemiology (NIE), Chennai.

Organizing committee



CHIEF PATRON

Sri M. K. Rajagopalan
Chancellor
Sri Balaji Vidyapeeth



PATRON

Prof. (Dr) Nihar Ranja Biswas
Vice Chancellor
Sri Balaji Vidyapeeth



COURSE PATRON

Prof. Seetesh Ghose
Dean, MGMCRI
Sri Balaji Vidyapeeth

Organizing committee members Department of Community Medicine

Organizing chairperson

Dr. Prahankumar.R

Organizing secretary

Dr.Senkadhiradhan.D

Organizing vice- secretary

Dr.Madonna D'Souza

Organizing team

Faculty: Dr. Lokeshmaran, Dr. Jyothi.V, Dr. Sridhar.D,
Dr. Lalithambigai.C, Dr. Jenifer Florence Mary.J,
Dr. Premkumar, Dr.Malar.I, Dr. Divyabharathi, Dr. Malathy,
Dr. Mirthankrish

Postgraduates: Dr. Sadhvika kanagat, Dr. Sakthipriyan,
Dr. Govindraj, Dr. Kirubasankar, Dr. Subhaashini, Suvathi.P,
Dr. Thamizhmaran, Dr. Vishrutha.M, Dr. Varalakshmi.B
Dr. Nivedhitha.T, Dr. Sindu.K

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